



RULES OF SAFETY AND HYGIENE

REGULATIONS FOR GUESTS CONCERNING REGULATIONS OF FUNCTIONING COTTONINA HOTEL & MINERAL SPA RESORT FROM 18TH DECEMBER 2021 UNTIL FURTHER NOTICE

THESE REGULATIONS ARE AN INTEGRAL PART OF THE HOTEL REGULATIONS AND SET OUT SPECIFIC RULES FOR THE OPERATION OF THE FACILITY, IN ACCORDANCE WITH § 8 PARAGRAPH 7 OF THE HOTEL REGULATIONS.

Dear Guests,

security of Guests and employees is our priority, that is why implemented rules of functioning meet the guidelines of the Ministry of Development and Chief Sanitary Inspector and the obligations imposed by the current Council of Ministers.

We believe, that the implemented rules will ensure your safe stay in our Hotel and make sure you rest comfortably.



- COTTONINA HOTEL & MINERAL SPA RESORT CONSISTS OF 4 BUILDINGS SURROUNDED BY EXTENSIVE GROUNDS GIVING POSSIBILITY OF COMFORT AND UNDISTURBED RELAXATION.
- FREE AND EXTENSIVE PARKING LOT.
- HOTEL SITUATED IN IZERA MOUNTAINS A FEW KILOMETRES FROM ŚWIERADÓW-ZDRÓJ, AWAY FROM TOURIST CROWD.
- WALKING TRAILS, RUNNING TRAILS, BIKE TRAILS AND ALSO A SKI SLOPE WITH GONDOLA LIFT IN CLOSE PROXIMITY TO THE HOTEL.
- AMAZING AIR QUALITY! THANKS TO AIRLY DEVICE INSTALLED ON THE HOTEL GROUNDS, AVAILABILITY OF CURRENT WEATHER CONDITIONS AND AIR QUALITY.



STAY AT COTTONINA

- Guests moving inside the Hotel buildings are required to cover mouth and nose.
- Guests moving outside on the Hotel premises are not required to cover mouth and nose but are required to keep distance from other Guests and employees.
- The number of occupied rooms by Guests on any date from 18.12.2021 until further notice will be a maximum of 30% of all Hotel rooms, not including rooms for vaccinated Guests, convalescent and negative test result.
Due to the Hotel's occupancy limit, vaccinated Guests are kindly asked to show vaccination certificates and test results upon arrival.



HYGIENE

- Hotel is equipped with high class ozone generator used to disinfect rooms, restaurant, wellness zone and public spaces, all spaces are regularly ventilated.
- Room cleaning during the stay is restrained to minimum. The service is provided by a set schedule (Mondays, Wednesdays and Fridays) or upon request to limit the contact with the staff.
- Bath towels and bed linens are washed and delivered in sanitary regime.
- Each room is disinfected before every Guest.
- Public spaces, common rooms, the back of chairs, door knobs and hand rails are cleaned and disinfected regularly.
- Disinfecting liquids and disinfection instructions are available to Guests in public spaces. Instruction on proper hand washing and disinfecting is in every hotel bathroom.



RELAXING AREAS AND PUBLIC AREAS

- Gym, Xbox room, playrooms and outdoor playground are open in accordance with set regulations.
- We encourage to Nordic Walking equipment rental.
The equipment will be thoroughly disinfected before use.



AMETYST RESTAURANT

- The Restaurant is open from 08:00-23:00 on Fridays, from 07:30-23:00 on Saturdays, from 07:30-22:00 on Sundays and on other days from 08:00-22:00 and is working according to set regulations.
- The number of Guests staying at the restaurant at the same time is limited in accordance with the set regulations.
- All meals are prepared maintaining safety and hygiene rules. Tables are disinfected after each use.
- Selection of dishes is limited, only short menu is available.
- Using self-service buffets is allowed only when wearing face masks covering the nose and mouth and after disinfecting hands.
- Meal times:
 - Breakfast is served from 08:00-10:30 Mondays to Fridays and from 07:30-10:30 on weekends,
 - Dinner is served from 17:00-20:00,
 - A'la carte orders are available from 13:00-21:30 and from 13:00-22:30 on Fridays and Saturdays.
- Cotton Club is open during limited hours and is working according to set regulations.



WELLNESS ZONE AND MINERAL SPA

- Wellness Zone is open according to set regulations. Swimming pool is available every day from 08:00 until 22:00, saunas are open Mondays to Fridays from 15:00 until 22:00, Saturdays and Sundays from 8:00 until 22:00.
- Mineral SPA is open during limited hours and is working according to set regulations. We encourage to telephone bookings of treatments.
- We encourage to cosmetics' purchase and skin consultations given by cosmetologists.



HOTEL STAFF

- Hotel staff strictly obeys imposed safety and hygiene regulations. Implemented rules imposed by the Ministry of Development and Chief Sanitary Inspector are to ensure the safety and healthcare of Guests and employees.
- Operational procedure in case of infection amongst Guests or employees was implemented.
- Hotel staff moving inside the Hotel buildings is required to cover mouth and nose.